



YOUR PARTICIPATION IS NEEDED FOR A MILK STUDY!

Healthy, non-smoking men and women between the ages of 18 – 30 years are needed to participate in a human nutrition study at the University of Guelph. The purpose of this study is to determine the effects of milk products on food intake, satiety, metabolic response (glycemic).

Participants will be required to visit the University of Guelph for:

- One hour screening visit to determine the eligibility
- 30 minute Orientation session
- Five weekly 3.5 hours morning study visits where you will consume milk products, provide blood samples and answer questionnaires periodically.

This study has been reviewed and has received clearance through the University of Guelph Human Research Ethics Board (REB#14JN004) and will be conducted at the Human Nutraceutical Research Unit in the Department of Human Health and Nutritional Sciences.

FINANCIAL COMPENSATION PROVIDED

To find out more about the study and your stability as a participant please contact:

Human Nutraceutical Research Unit University of Guelph 88 McGilvray Street Guelph ON N1G 2W5 Bonnie & Alex Milk Study Coordinator 519-824-4120 x56314 Milk@uoguelph.ca

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