



This special loyalty rate is exclusive to this "At Work" membership and is CHEAPER than a community membership!

STEEL WORKER MEMBERS AND TARA MEMBERS GET A 75% ONETIME REIMBURSEMENT TOWARDS WW

## Say hello to doughnuts

And start thinking outside the box

Weight Watchers® is coming to teach you how you can lose weight while enjoying your favourite foods—because it's time to change your relationship with food, for good.

**weightwatchers**

Help with the hard part.

**WEIGHT WATCHERS WEEKLY MEETING EVERY THURSDAY 12PM - 1PM  
HELD IN THE SCIENCE COMPLEX ROOM 1504**

Join our *FREE* open house to register for our Spring Series April 2nd @ 12pm - 1pm  
(Week 1 of series to commence the week after, pending 15 members signed-up.)

**New 20 week series includes -FREE access to eTools and**

**ALSO 24/7 ONLINE EXPERT CHAT - YOU'RE A CLICK AWAY FROM ONE ON ONE HELP, ANYTIME!**  
20 weeks @ \$11.99 + tax **SPECIAL CORPORATE RATE** due as 5 monthly payments of \$54.19 tax in\*\*

**Interested in joining? Contact Toni ext 53343 or [tonip@uoguelph.ca](mailto:tonip@uoguelph.ca)**

\*\*Other payment options are available. Payments will be due Apr 1st so bring your credit card!